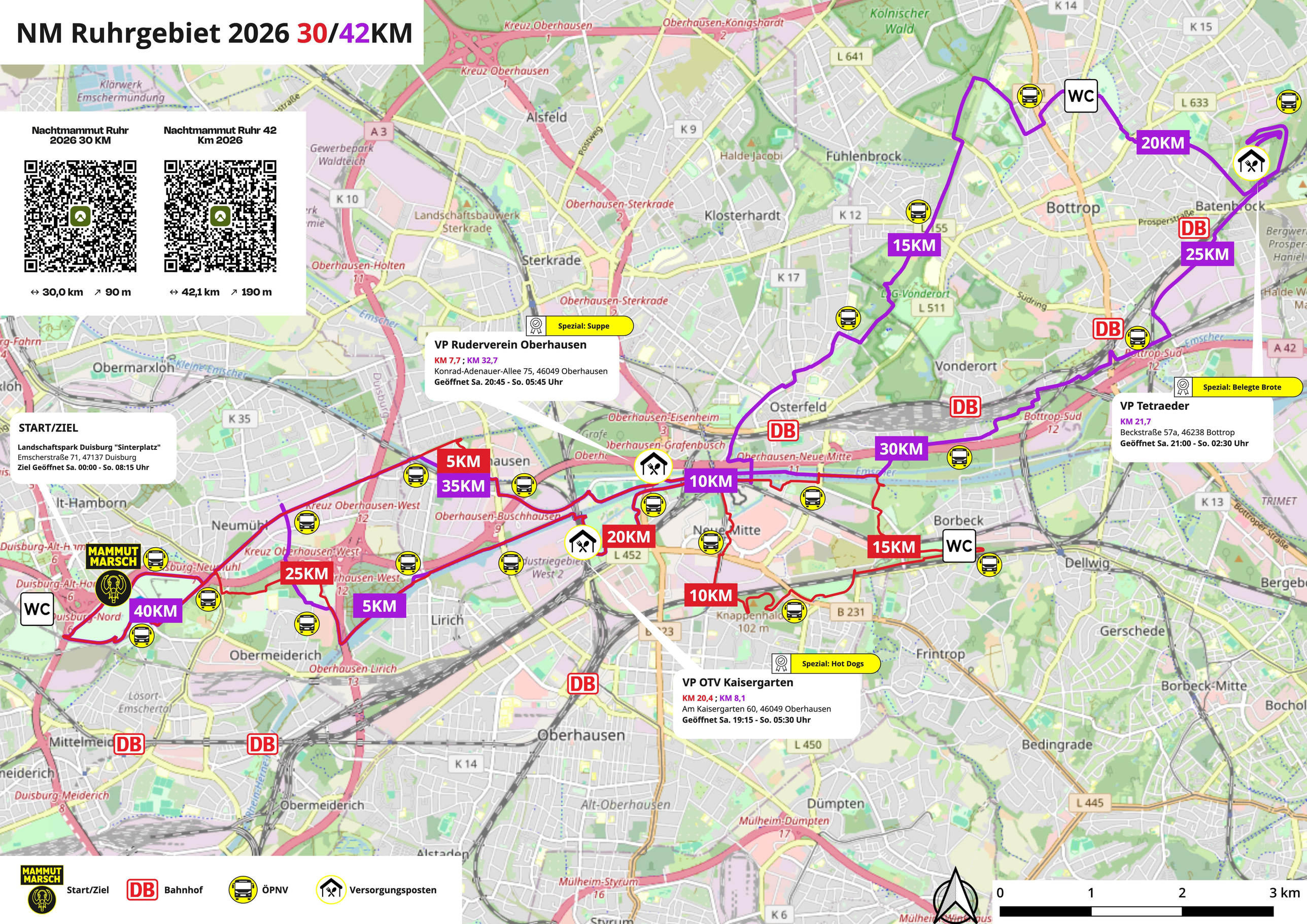
NM Ruhrgebiet 2026 30/42KM

Nachtmammut Ruhr 2026 30 KM

↔ 30,0 km ↗ 90 m

Nachtmammut Ruhr 42 Km 2026

↔ 42,1 km ↗ 190 m